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Lygodium flexuosum (L.) Sw. (Lygodiaceae): A new record for Eastern Ghats of Tamil Nadu, India

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Alagar Hills Distribution Eastern Ghats Fern ABSTRACT

The climbing fern *Lygodium flexuosum* (L.) Sw. is reported for the first time from the Eastern Ghats of Tamil Nadu. A brief description, photograph and pertinent notes are furnished for easy identification.

The climbing fern genus *Lygodium* was established by Swartz (1801) and it can easily be noted in the field by its scandent, long, vine-like leaves and finger-like fertile marginal lobes (Mueller, 1982; Singh & Panigrahi, 1984). It comprises about 29 species (POWO 2020), mostly distributed in the tropics, subtropics, and in eastern USA (Duek, 1978). In India, so far nine species have been reported (Fraser-Jenkins *et al.*, 2016), among them Eastern Ghats is represented by three species: *Lygodium altum* (C.B.Clarke) Alderw., *L. flexuosum* (L.) Sw. and *L. microphyllum* (Cav.) R.Br. (Mandal *et al.*, 2020). Studies by Pemberton & Ferriter (1998), Lott *et al.* (2003) and Volin *et al.* (2004) proved that several species of *Lygodium* are problematic invasive species in many countries.

In Tamil Nadu, the Eastern Ghats start from the Jawadi Hills and extend up to the Alagar Hills (Ramachandran *et al.*, 2016). The Jawadi, Elagiri, Shevaroy, Chitteri, Kalrayan, Bodamalai, Kolli, Pachaimalai, Semmalai, Aiyalur, Karandamalai, Sirumalai, and Alagarmalai are the major hills, covering an area of 6024 km2 (Jayakumar *et al.*, 2009). During 2013, the first author has collected *Lygodium flexuosum*

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from the riparian fringes of Karandamali, Eastern Ghats, Tamil Nadu. Thereafter the images were sent to Fraser-Jenkins and he confirmed our identification. Recently, we came across an article entitled 'A census of pteridophytes of Eastern Ghats, India' by Mandal et al. (2020) in which the species was reported only from the Eastern Ghats of Odisha and Andhra Pradesh but not from the Tamil Nadu. Hence we scrutinized the literature with reference to distribution of this fern and we found that the species shows wider distribution range in India (Fraser-Jenkins 2008; Fraser-Jenkins et al., 2016) and in Tamil Nadu it is hitherto reported only from the hill ranges of Western Ghats (Manickam & Irudayaraj, 1992, 2003; Benniamin & Sundari, 2020). Furthermore it was not reported from any of the hill ranges in Eastern Ghats of Tamil Nadu (Subramanyam et al., 1960; Dwarakan & Ansari 1998; Karuppusamy et al., 2001; Manickam et al., 2004; Moorthy et al., 2012; Sundari et al., 2012; Kumaraguru et al., 2015; Kavitha et al., 2017; Sureshkumar et al., 2020). Hence it is being reported here as a new distributional record for Lygodiaceae of Eastern Ghats of Tamil Nadu.

Lygodium flexuosum (L.) Sw. in J. Bot. (Schrader) 1800(2): 106. 1801; Manickam & Irudayaraj, Pterid. Fl. West. Ghats, S. India: 238. 1992; Manickam & Irudayaraj, Pterid. Fl. Nilgiris: 77. 2003; Fraser-Jenk. *et al.*, Annot. Checkl. Ind. Pterid. 1: 107. 2016. *Ophioglossum flexuosum* L., Sp. Pl. 1063. 1753. *Lygodium semibipinnatum* R. Br. Prod. Fl. Nov, Holl.: 162. 1810. *Lygodium pinnatifidum* Sw. in Schrad. J. Bot. 1801(2): 303. 1803. *Lygodium serrulatum* Bl., Enum. Pl. Jav. 254. 1828. (Fig.1)

Rhizome creeping covered by dark brown, multi cellular, uniseriate hairs. Stipe up to 50 cm long, glabrous adaxially flat, abaxially round. Young fronds palmate, oblong, lanceolate, about 2-4 m tall and 35 cm wide tripinnate, primary pinnae alternate about 10 cm apart with about 3 mm long, common stalk forked once, each forked branch bears three pairs of simple or forked pinnules; pinnules up to 7 x 1 cm, oblong, lanceolate, veins simple or forked, forked twice or thrice, free, reaching the margin, pinnae light green, texture coriaceous. Sporangia arranged in finger-like spike along the margin of the pinnules. Sporangia 0.3 mm in size, horizontal with terminal annulus, short stalked up to eight pairs, arranged in two alternate rows. Spores trilete, 25 x 30 m in size, exine verrucate.

Specimens examined: INDIA. Tamil Nadu, Dindigul District, Karandamalai, Peria aruvi valley, 430 m,

R.Kottaimuthu 20102; same place, 25 December 2019, *R.Kottaimuthu 21309* (Alagappa University Herbarium!).

Global Distribution: India (Andaman Islands, Andhra Pradesh, Arunachal Pradesh, Assam, Bihar, Chhattisgarh, Goa, Haryana, Himachal Pradesh, Jharkhand, Karnataka, Kerala, Madhya Pradesh, Maharashtra, Manipur, Meghalaya, Mizoram, Nagaland, Odisha, Sikkim, Tamil Nadu, Tripura, Uttarakhand, Uttar Pradesh & West Bengal), Africa, Australia, Bangladesh, China, Japan, Malaysian Islands, Pacific Islands, Philippines Sri Lanka, Taiwan, Thailand and Vietnam.

Distribution in Eastern Ghats: Gandhamardan Hills (Mishra *et al.*, 2001), Rampa Hills (Singh & Panigrahi, 1984), Nallamalai (Ellis, 1990) and Karandamalai (present report).

Medicinal Uses: With the help of literature survey, we found that *L. flexuosum* is one of the potential medicinal ferns widely used by the indigenous people of India for various primary healthcares. The whole plant is used as expectorant; rhizome boiled with mustard oil and locally applied to carbuncles and in rheumatism, sprains, scabies, wounds and ulcers (Dixit, 1959; Singh & Viswanathan, 1996). Rhizome is also used as abortifacient and as appetizer. It is also used in the treatment of abdominal pain, cholera and jaundice (Girach & Aminuddin 1989; Ramesh *et al.*, 2003), fever, female infertility and gonorrhea (Rout *et al.*, 2009).



Fig.1. A twig of Lygodium flexuosum (L.) Sw.

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